

Christmas Eve

With Flams

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The image shows two staves of musical notation in 4/4 time. The first staff contains 16 measures of music, each starting with a triplet of eighth notes. The second staff starts at measure 5 and contains 12 measures, also featuring triplet eighth notes, followed by a final measure with a whole rest. The notation includes stems, beams, and accents for the flams.

To spice up this exercise, we are adding flams. You will notice a huge difference in your stick control if you follow these instructions.

1. Play it slow!
- This is a tough one, and won't sound good until you fully develop the technique.
2. Make sure you keep an even space in your flams and diddles. You will find it to be tricky in certain parts, depending on where the diddles land.
3. Watch your stick heights! Really focus on keeping your grace notes low.